



Tomatoes

Tamana is a leading producer of tomatoes. The mild climate, mineral rich soil, and hard work of the farmers makes these tomatoes meaty and juicy.



The sharp
garlicky scent is
irresistible!



Tamana Ramen

Tracing its roots back to Kurume Ramen, Tamana Ramen evolved into a unique ramen with a rich, pork broth and semi-thin, straight noodles. Add some burnt garlic chips and you're ready to eat!



Oranges

Planted along the mountain slope, the plentiful sunlight and Ariake Sea breeze enhance the Tensui orange's richness and sweetness. The Brix content of Tensui oranges are 2-3 degrees higher than ordinary oranges, making them meltingly sweet. Definitely a must-try!

Delicious Cuisine

From extremely fresh foods to exclusive dishes, Tamana offers a wide variety of delicious, local cuisine.

美食グルメ

Strawberries

Tamana is Japan's leading producer of strawberries. The shiny, bright red flesh has a hint of sourness that is complimented by the outstanding sweetness and sophisticated aroma that fills your mouth. Enjoy strawberry picking from December to May.



Herbal Cuisine

Herbal cuisine uses plenty of locally harvested herbs to give you energy. Tamana is home to one of Japan's only herbal cafés where you can enjoy pasta and desserts made from the healthy, seasonal herbs.

Relaxing Onsen

寛ぎの温泉

Endowed with beautiful scenery, beautifying effects, and relaxing ryokan inns, please be sure to bathe in Tamana's Onsen. Local residents have loved these little-known spots for many, many years.

小天温泉

Oama Onsen

Soseki Natsume, a famous Japanese novelist from the Meiji period, loved this onsen. The view of the sunset, which Soseki surely enjoyed over 100 years ago, continues to enchant visitors. Gaze upon the exquisite view of the Ariake Sea and Shimabara Peninsula.

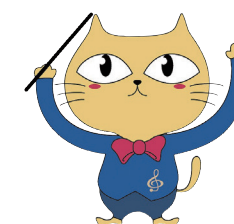
Refresh your mind
in the open atmosphere!



玉名温泉

Tamana Onsen

Renowned for its beautifying effect, this onsen has a rich, 1300-year history. The transparent, smooth and mild alkaline water is believed to alleviate rheumatism and nerve pain.



Foot bath

The footbath is open to Tamana visitors to try an Onsen for free. The footbath is lit at night and emits a mysterious atmosphere.



Day Visit Onsen

Some ryokan inns open their onsen to guests who are not staying overnight. You can even rent a private bath at some locations!



Yukata Plan

Wear your ryokan inn's yukata as you stroll around Tamana to bathe in select ryokan inn's onsen for free.